



## WEEKLY & MONTHLY PLANNER SPREADSHEETS

# TIME BLOCKING

*Madeline's*  
WEEKLY TIME BLOCKING

|       |                           |
|-------|---------------------------|
| MONTH | July                      |
| Week  | Week 2 (28 Jul to 04 Aug) |

### CATEGORY TIME TRACKER

Week 2 (28 Jul to 04 Aug)



| CATEGORY        | hrs  | %   |
|-----------------|------|-----|
| work            | 40.0 | 24% |
| Sleeping        | 56.0 | 33% |
| Free Time       | 28.0 | 17% |
| Commute         | 12.0 | 7%  |
| Exercise        | 10.0 | 6%  |
| Family Time     | 9.0  | 5%  |
| Morning Routine | 8.0  | 5%  |
| Personal Chores | 6.0  | 4%  |
| Lunch           | 5.0  | 3%  |
| Bedtime Routine | 3.0  | 2%  |

Monday, 8 July

Your day is planned!

| START TIME | CATEGORY        | ACTIVITY                  | DURATION |     |
|------------|-----------------|---------------------------|----------|-----|
|            |                 |                           | hr       | min |
| 7:00 am    | Morning Routine | Morning Workout           | 1        | 0   |
| 7:30 am    | Morning Routine | Wake Up                   | 0        | 30  |
| 8:00 am    | Morning Routine | Breakfast                 | 0        | 30  |
| 8:30 am    | Commute         | Drive to work             | 0        | 30  |
| 9:00 am    | Work            | Project Meeting           | 0        | 30  |
| 9:30 am    | Work            | Work on Report            | 0        | 30  |
| 10:00 am   | Lunch           | Lunch Break               | 0        | 30  |
| 10:30 am   | Work            | Client Call               | 0        | 30  |
| 1:00 pm    | Work            | Team Collaboration        | 0        | 30  |
| 4:00 pm    | Errands         | Grocery Shopping          | 0        | 30  |
| 5:00 pm    | Errands         | Pick Up Dry Cleaning      | 0        | 30  |
| 6:00 pm    | Errands         | Bank Visit                | 0        | 30  |
| 6:30 pm    | Commute         | Drive to Home             | 0        | 30  |
| 7:00 pm    | Family Time     | Dinner with Family        | 0        | 30  |
| 8:00 pm    | Free Time       | Read a Book               | 0        | 30  |
| 9:00 pm    | Personal Chores | Clean the House           | 0        | 30  |
| 10:00 pm   | Free Time       | Check Social Media        | 0        | 30  |
| 10:30 pm   | Personal Chores | Online Course             | 0        | 30  |
| 10:45 pm   | Bedtime Routine | Prepare for Bed           | 0        | 15  |
| 11:00 pm   | Free Time       | Play a Musical Instrument | 0        | 30  |
| 11:30 pm   | Free Time       | Meditation                | 0        | 30  |
| 11:45 pm   | Free Time       | Plan the Next Day         | 0        | 15  |
| 12:00 am   | Bedtime         | Sleep                     | 1        | 0   |

Tuesday, 9 July

10 min left to go

| START TIME | CATEGORY        |  |
|------------|-----------------|--|
| 8:00 pm    | Commute         |  |
| 8:30 pm    | Family Time     |  |
| 10:00 pm   | Free Time       |  |
| 10:30 pm   | Free Time       |  |
| 10:45 pm   | Personal Chores |  |
| 11:00 pm   | Free Time       |  |
| 11:30 pm   | Bedtime Routine |  |
| 11:45 pm   | Free Time       |  |
| 12:00 am   | Free Time       |  |
| 1:45 am    |                 |  |

EASY TO USE

VIDEO TUTORIAL

WEEKLY TIME BLOCK

SMART CALENDAR

# Time Blocking Planner Pro

**Lei Huang**

A red circular graphic with a gradient, appearing as a stylized arrow or a decorative element, positioned to the right of the author's name.

## **Time Blocking Planner Pro:**

The Top Books of the Year Time Blocking Planner Pro The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the engaging narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and gripping novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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