



WEEKLY & MONTHLY PLANNER SPREADSHEETS

TIME BLOCKING

Madeline's
WEEKLY TIME BLOCKING

MONTH	July
Week	Week 2 (28 Jul to 04 Aug)

CATEGORY TIME TRACKER

Week 2 (28 Jul to 04 Aug)



CATEGORY	hrs	%
work	40.0	24%
Sleeping	56.0	33%
Free Time	28.0	17%
Commute	12.0	7%
Exercise	10.0	6%
Family Time	9.0	5%
Morning Routine	8.0	5%
Personal Chores	6.0	4%
Lunch	5.0	3%
Bedtime Routine	2.0	1%

Monday, 8 July

Your day is planned!

START TIME	CATEGORY	ACTIVITY	DURATION	
			hr	min
7:00 am	Morning Routine	Morning Workout	1	0
7:30 am	Morning Routine	Wake Up	0	30
8:00 am	Morning Routine	Breakfast	0	30
8:30 am	Commute	Drive to work	0	30
9:00 am	Work	Project Meeting	0	30
9:30 am	Work	Work on Report	0	30
10:00 am	Lunch	Lunch Break	0	30
10:30 am	Work	Client Call	0	30
1:00 pm	Work	Team Collaboration	0	30
4:00 pm	Errands	Grocery Shopping	0	30
5:00 pm	Errands	Pick Up Dry Cleaning	0	30
6:00 pm	Errands	Bank Visit	0	30
6:30 pm	Commute	Drive to Home	0	30
7:00 pm	Family Time	Dinner with Family	0	30
8:00 pm	Free Time	Read a Book	0	30
9:00 pm	Personal Chores	Clean the House	0	30
10:00 pm	Free Time	Check Social Media	0	30
10:30 pm	Personal Chores	Online Course	0	30
10:45 pm	Bedtime Routine	Prepare for Bed	0	15
11:00 pm	Free Time	Play a Musical Instrument	0	30
11:30 pm	Free Time	Meditation	0	30
11:45 pm	Free Time	Plan the Next Day	0	15
12:00 am	Bedtime	Sleep	1	0

Tuesday, 9 July

10 min left to go

START TIME	CATEGORY	
8:00 pm	Commute	
8:30 pm	Family Time	
10:00 pm	Free Time	
10:30 pm	Free Time	
10:45 pm	Personal Chores	
11:00 pm	Free Time	
11:30 pm	Bedtime Routine	
11:45 pm	Free Time	
12:00 am	Free Time	
6:45 am		

EASY TO USE

VIDEO TUTORIAL

WEEKLY TIME BLOCK

SMART CALENDAR

Pro Time Blocking Planner

AW Rasmussen



Pro Time Blocking Planner:

The book delves into Pro Time Blocking Planner. Pro Time Blocking Planner is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Pro Time Blocking Planner, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Pro Time Blocking Planner
- Chapter 2: Essential Elements of Pro Time Blocking Planner
- Chapter 3: Pro Time Blocking Planner in Everyday Life
- Chapter 4: Pro Time Blocking Planner in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Pro Time Blocking Planner. The first chapter will explore what Pro Time Blocking Planner is, why Pro Time Blocking Planner is vital, and how to effectively learn about Pro Time Blocking Planner.
3. In chapter 2, the author will delve into the foundational concepts of Pro Time Blocking Planner. The second chapter will elucidate the essential principles that must be understood to grasp Pro Time Blocking Planner in its entirety.
4. In chapter 3, this book will examine the practical applications of Pro Time Blocking Planner in daily life. This chapter will showcase real-world examples of how Pro Time Blocking Planner can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Pro Time Blocking Planner in specific contexts. The fourth chapter will explore how Pro Time Blocking Planner is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Pro Time Blocking Planner. The final chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Pro Time Blocking Planner.

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