

ANOREXIA NERVOSA

V E R S U S

BULIMIA NERVOSA

Anorexia Nervosa mainly refers to starving on purpose, to create a skeletal like body

Bulimia Nervosa refers to binge eating followed by purging, resulting in an average or overweight body due to the residual amount of calory

Patients are very thin or emaciated most of the time

Patients usually have an average weight ideal for their height and age or in some cases, an obese body

Pateints prefer to starve or eat less

Patients eat heavy meals followed by purging

May result in conditions like amenorrhea, osteoporosis, infertility, etc.

May result in heart failure and damage to esophagus and teeth

Anorexia And Bulimia Nervosa

J Elliott



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