Biogenic Amine	Physiological Effect	Reference
Histamine	Release of adrenaline and noradrenaline Allergic processes Stimulation of the smooth muscles of the uterus, intestine, and respiratory tract Stimulation of sensory and motor neurons Control of gastric secretion	[35-39]
Tyramine	Peripheral vascularization Increase in cardiac output Increased lacrimation and salivation Increased breathing Increased blood sugar levels Noradrenaline release of the sympathetic nervous system Migraine	[16,37,40,41]
Putrescine and cadaverine	Hypotension Bradycardia Lockjaw Extremity paralysis Enhancement of the toxicity of other amines	[37,42,43]
β-Phenethylamine	Noradrenaline release of the sympathetic nervous Increase in blood pressure Migraine	[37]
Tryptamine	Increase in blood pressure	[38]
Spermine and spermidine	Hypotension Bradycardia Enhancement of the toxicity of other amines	[38-48]

# **Biogenic Amines As Physiological Regulators**

**Guillaume Favre** 

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