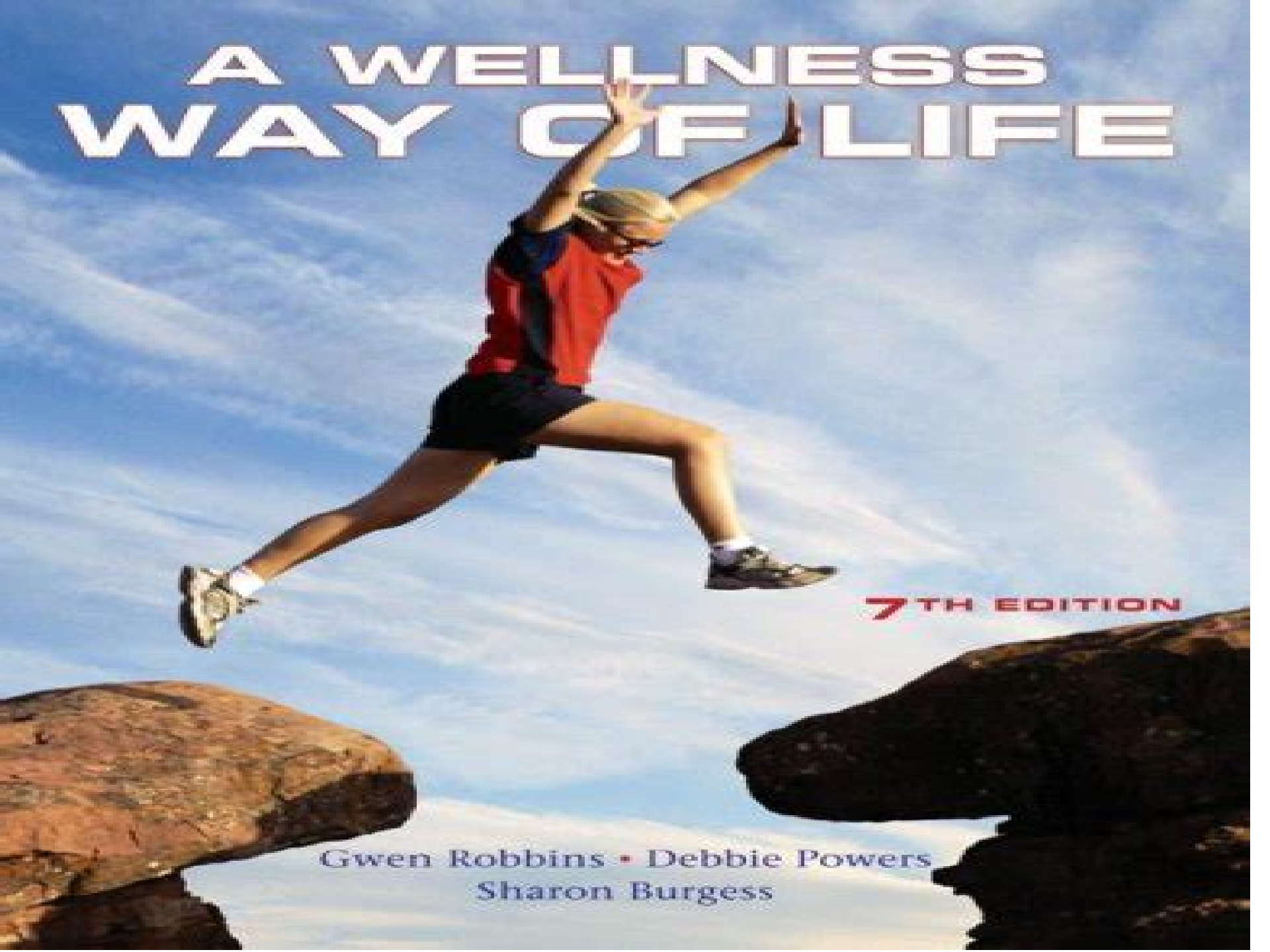


A WELLNESS WAY OF LIFE

A person with blonde hair, wearing a red and blue athletic shirt, black shorts, and running shoes, is captured mid-jump over a gap between two large, reddish-brown rocks. The person's arms are raised in a 'V' shape, and their legs are spread wide. The background is a bright blue sky with wispy white clouds. The overall image conveys a sense of physical activity, achievement, and well-being.

7TH EDITION

Gwen Robbins • Debbie Powers
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