

MINIMALISM DECLUTTERING CHECKLIST

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|--|---|
| ☐ Toxic people | ☐ Worn out underwear & socks |
| ☐ Useless mobile apps | ☐ Unused pet products (toys, cushions, collars, etc.) |
| ☐ Clothes you don't wear | ☐ Duplicate hair brushes |
| ☐ Shoes you don't wear | ☐ Things you keep "just in case" |
| ☐ And shoes that hurt (even if you wear it) | ☐ Extra nail clippers |
| ☐ Extra bobby pins | ☐ Extra scissors |
| ☐ Extra hair ties | ☐ Unused wires & cables |
| ☐ Single-use plastic products | ☐ Extra umbrella |
| ☐ Single-use menstrual products | ☐ Unused bedding |
| ☐ Books you don't read | ☐ Interior decors you don't like (frames, vase, sculpture) |
| ☐ Extra pen | ☐ Foreign coins you don't need |
| ☐ Distracting tv shows | ☐ Useless key chain |
| ☐ Distracting games | ☐ Toxic air freshener sprays |
| ☐ Expired beauty products | ☐ Unused empty plastic containers |
| ☐ Expired food | ☐ Dead batteries |
| ☐ Jewelry & acc you don't like | ☐ Unused outdoor gears |
| ☐ Dying houseplants | ☐ Sunglasses with expired uv coating |
| ☐ Abandoned craft & hobby projects | ☐ Unused eyeglasses |
| ☐ Spare clothes hanger | ☐ Gifts you don't like |
| ☐ Unused suitcases & bags | ☐ Useless souvenirs |
| ☐ Chemical fragrance | ☐ Duplicate kitchenware (keep only what you use everyday) |
| ☐ Old letters | ☐ Dvd & cd (switch to digital and online streaming) |
| ☐ Photos you don't like | ☐ Things you had from a previous job |
| ☐ Extra cup and utensils | ☐ Workout gear you don't use |
| ☐ Old files in computer | ☐ Duplicate household cleaners |
| ☐ Expired medicine | ☐ Toxic food |
| ☐ Seasonal & holiday things | ☐ Worn out or broken furniture |
| ☐ Smelly & old food containers | ☐ Old receipts |
| ☐ Unused cushions lying around | ☐ Unused keys |

Minimalist Living Checklist

DP Hallahan



Minimalist Living Checklist:

Minimalist Living Checklist Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Minimalist Living Checklist**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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