
Chapter 1. History of Mental Health Nursing

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. The act of developing a clean environment is a factor in providing effective health care as demonstrated by:
 - 1. Nightingale.
 - 2. Benner.
 - 3. Swanson.
 - 4. King.

- _____ 2. What is the name of the publication written by Florence Nightingale?
 - 1. *Nursing Sanitation Notes*
 - 2. *Nursing 101*
 - 3. *Notes on Nursing*
 - 4. *Nursing Notes*

- _____ 3. A long-term goal for inpatient mental health treatment is generally to:
 - 1. Return the patient to the community.
 - 2. Locate a facility for long-term care.
 - 3. Be arrested and placed in prison.
 - 4. Be completely cured of the disorder.

- _____ 4. The mentally ill were once housed in mental institutions known as:
 - 1. Hospitals.
 - 2. Long-term care facilities.
 - 3. Asylums.
 - 4. Free-standing treatment centers.

- _____ 5. Which nursing theorists promoted the interpersonal theory between the nurse and the patient?
 - 1. Hildegard Peplau
 - 2. Hattie Bessent
 - 3. Mary Mahoney
 - 4. Linda Richards

Completion

Complete each statement.

- 6. The first psychiatric program of study was established by which nursing leader? _____

- 7. Which nurse theorist was the first American-trained nurse credited with teaching how to provide care for people with mental illness? _____

5 Edition Mental Health

Thomas Griffiths



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