## 7 SIMPLE LIVING TIPS

## For a Minimalist Lifestyle



- Know what makes you happy and prioritize it
- 2. Declutter to simplify your home
- 3. Get rid of mental clutter
- 4. Simplify your work: Use the 80/20 rule
- 5. Simplify your schedule: eliminate, automate, and delegate
- 6. Reclaim your financial wellness
- 7. Rely on habits and go progressively



# **Minimalist Living Tips**

### **A Gutmann**

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