# When to Use Asynchronous vs. Synchronous Communication in Remote Teams

# Asynchronous

(email, message boards, dashboards, etc.)







# Synchronous

(video conferencing, chat, audio calls, etc.)









- Company or team announcements
- High-level planning discussions
- One-directional feedback
- To create documentation

- Collaborative meetings
- Brainstorm sessions
- Performance reviews
- 1:1 check-in meetings
- · Team building activities or other socializing

# **Async Communication Tips**

J Ma



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