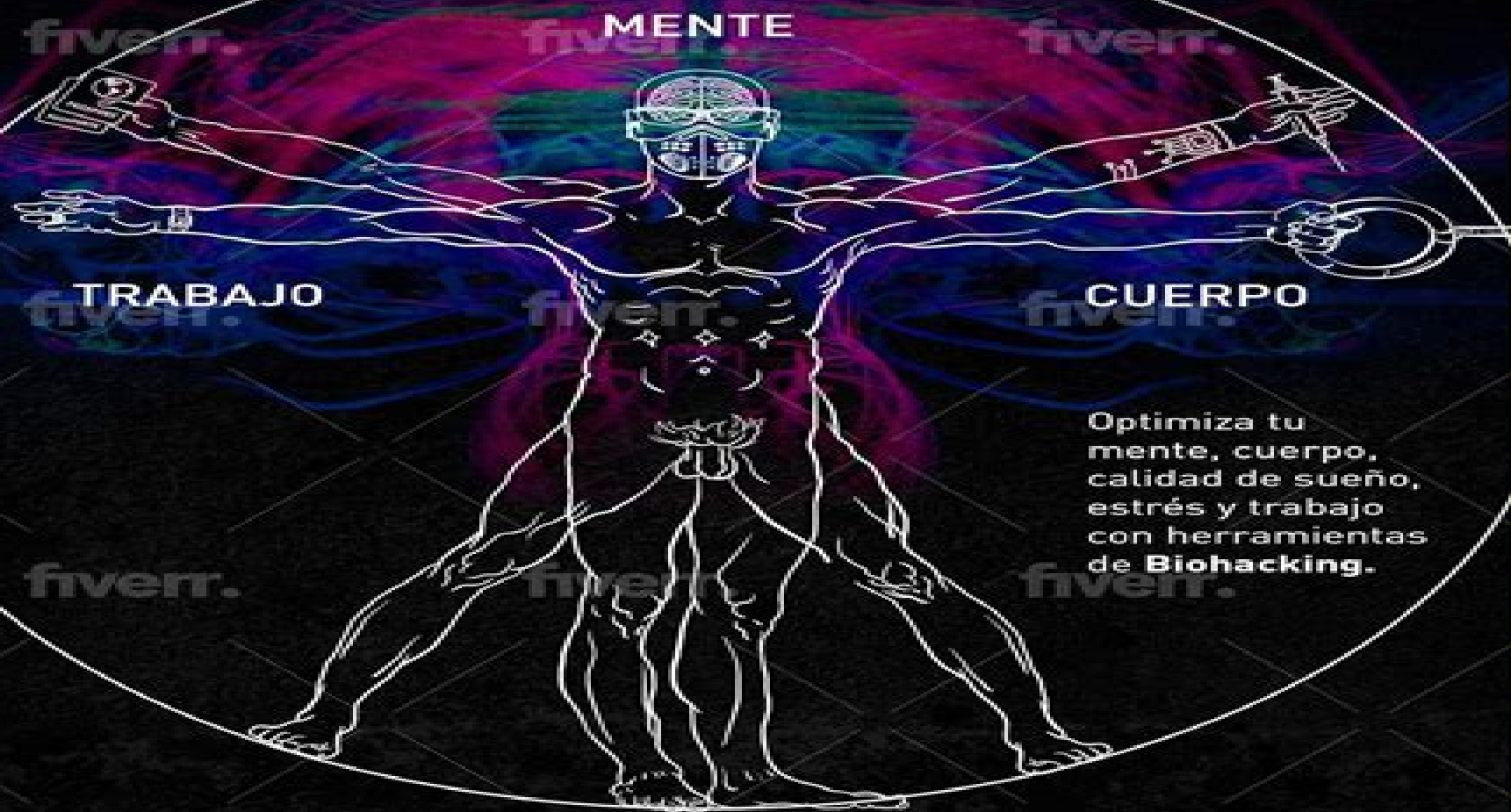


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calidad de sueño,
estrés y trabajo
con herramientas
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