

NRSG 3320: Nursing Care of Adults 1, Spring 2024
Exam 1 Study Guide

Exam 1 will consist of 50 questions, and you will have 75 minutes to complete the exam. These questions will largely be multiple choice, potentially including select-all-that-apply. There will be one unfolding case study that will include alternative-style questions. There will also be two medication calculation questions. Within the following conditions, you should have an understanding of the clinical manifestations, nursing interventions, and management. Additionally, you should be able to apply previous knowledge of pathophysiology, pharmacology, and assessment skills within the respiratory and neurological systems.

Cardiac conditions

- Hypertension
- Atherosclerosis
- Peripheral arterial disease
- Angina
- Heart failure

Older adult care

- Hearing loss

Peri-operative care

- Pre-operative assessment
- Pre-operative instructions
- Consent
- Intra-operative precautions
- Patient positioning
- Post-operative complications

Musculoskeletal conditions

- Osteoarthritis
- Septic arthritis
- Osteomyelitis
- Osteoporosis
- Fracture assessment
- Osteomalacia
- Paget's disease
- Cast/splinting and traction
- Amputation

Fluid and electrolyte imbalances

- Hyperkalemia/hypokalemia
- Hypocalcemia
- Hypomagnesemia
- Hyponatremia/hypernatremia
- Hypervolemia
- Hypovolemia
- Hypertonic fluids
- Hypotonic fluids

When focusing your studying, it is helpful to reflect on the objectives of the course:

1. Apply principles of life sciences; nursing practice; physical assessment; pharmacology; nutrition; and growth and development across the lifespan in planning and providing therapeutic, culturally sensitive interventions in caring for individuals and families with acute and/or chronic health issues.
2. Use the nursing process in the delivery of therapeutic nursing interventions to patients with acute or chronic illness, which have been jointly developed with the family and interdisciplinary team in acute, sub-acute, or rehabilitations settings.
3. Demonstrate the ability to use outcome assessments and standardized plans of care (i.e., clinical guidelines, critical pathways, algorithms) as mechanisms of evidenced-based practice.

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Basic Care I personal Care Videobsc Nrsng Care Skills Series:

Basic Care I Gayle Bouska Altman, Agnes Morrison, Delmar Thomson Learning, 2003-07 Containing approximately 500 minutes of step by step video this video series is the perfect clinical tool for learning and reviewing critical nursing skills Providing comprehensive coverage of skills from medication administration to hygiene and essential concepts such as drug safety principles these videos are the perfect addition to any nursing program and were designed to specially accompany Delmar's Fundamentals Advanced Nursing Fundamentals Caring Clinical Decision Making *Delmar's Basic Nursing Skills* Gayle Bouska Altman, Agnes Morrison, 2003-07 As a part of a complete 20 video series this 8 Tape Basic Skills set contains approximately 150 minutes of step by step video This video series a perfect clinical tool for learning and reviewing critical nursing skills provides comprehensive coverage of skills from Physical Assessment to Specimen Collection These videos are the perfect addition to any nursing program Basic Care I: Personal Care DVD Delmar, Delmar Publishers, 2010-11 As a part of Delmar's Comprehensive Nursing Skills Video Series 2nd Edition this eVideo is a valuable tool for learning and reviewing essential nursing skills This video series is the perfect addition to any nursing program and a critical component in the overall package of fundamentals offerings including theory and skills books **Basic Care III** Gayle Bouska Altman, Agnes Morrison, Delmar Thomson Learning, 2003-07 Containing approximately 500 minutes of step by step video this video series is the perfect clinical tool for learning and reviewing critical nursing skills Providing comprehensive coverage of skills from medication administration to hygiene and essential concepts such as drug safety principles these videos are the perfect addition to any nursing program and were designed to specially accompany Delmar's Fundamentals Advanced Nursing Fundamentals Caring Clinical Decision Making Mosby's Nursing Video Skills - Basic Skills DVD 3. 0 Mosby, Inc, 2008-08-08 Help students learn how to correctly perform basic nursing procedures with these interactive engaging videos Clear step by step demonstrations of over 40 key nursing procedures present the skills needed for confident performance in labs and clinicals For each skill students can also test their understanding with NCLEX examination style review questions with rationales A consistent format for each skill takes students from planning to follow up care complete with review questions Overviews present the purpose of the skill safety precautions and delegation guidelines to help students put skills in the context of patient care Preparation includes patient assessment and any appropriate patient preparation needed before the procedure Equipment familiarizes students with the most current equipment used for each procedure Procedure Videos let students watch and learn with over 40 videos of key nursing procedures that are performed by real nurses and feature the most current practices Many videos feature dynamic 3 D animations to show what is happening inside the body Students can also print out handy procedure guidelines that include the steps for each procedure Follow up Care outlines appropriate assessment evaluation and interventions to ensure comprehensive patient care Documentation provides guidelines on what and how to document care provided and patient response and includes sample

documentation that can be printed for review Review Questions feature NCLEX examination style review questions with rationales so students can evaluate their understanding of each skill Play All option allows you to automatically play through each of the sections sequentially for group viewing Each video approximately 5 minutes Available for play on a standard DVD player or computer with a DVD drive Networking capabilities single local area computer network only **Basic Care IV** Delmar Thomson Learning, Gayle Bouska Altman, Agnes Morrison, 2003-07 Basic Nursing Skills Gaylene Altman, ANONIMO, Patricia Buchsel, Agnes Morrison, Valerie Coxon, 2003-01-01 Containing approximately 150 minutes of step by step video this DVD ROM is perfect for self assessment and review of nursing skills Focusing on physical assessment vital signs bed making personal care restraints infection control hygiene bathing ambulation activity this DVD ROM allows users to learn and review at their own pace **Patient Care** Barbara Acello, 1998-01-01 This text covers basic patient care skills for assistive personnel in hospitals long term care facilities subacute centers and home health Written with an emphasis on real world clinical practice it provides guidelines for common problems There is a review at the end of each chapter and a comprehensive 225 question final exam eliminating the need for a separate workbook **Nursing Interventions & Clinical Skills E-Book** Anne G. Perry, Patricia A. Potter, Wendy R. Ostendorf, 2019-01-08 Master nursing skills with this guide from the respected Perry Potter Ostendorf author team The concise coverage in Nursing Interventions Clinical Skills 7th Edition makes it easy to learn the skills most commonly used in everyday nursing practice Clear step by step instructions cover more than 160 basic intermediate and advanced skills from measuring body temperature to insertion of a peripheral intravenous device using evidence based concepts to improve patient safety and outcomes A streamlined visual approach makes the book easy to read and an Evolve companion website enhances learning with review questions and handy checklists for each clinical skill Coverage of more than 160 skills and interventions addresses the basic intermediate and advanced skills you ll use every day in practice Safe Patient Care Alerts highlight risks or other key information to know in performing skills so you can plan ahead at each step of nursing care Unique Using Evidence in Nursing Practice chapter provides the information needed to use evidence based care to solve clinical problems Coverage of evidence based nursing techniques includes the concept of care bundles structured practices that improve patient safety and outcomes in addition to the coverage of teach back Delegation Collaboration guidelines help you make decisions in whether to delegate a skill to unlicensed assistive personnel and indicates what key information must be shared Teach Back step shows how to evaluate the success of patient teaching so you can see whether the patient understands a task or topic or if additional teaching may be needed Recording guidelines describe what should be reported and documented after performing skills with Hand off Reporting sections listing important patient care information to include in the handoff Special Considerations indicate the additional risks or accommodations you may face when caring for pediatric or geriatric patients as well as patients in home care settings A consistent format for nursing skills makes it easier to perform skills organized by Assessment Planning

Implementation and Evaluation Media resources include skills performance checklists on the Evolve companion website and related lessons videos and interactive exercises on Nursing Skills Online NEW 2017 Infusion Nurses Society standards are included on administering IVs and on other changes in evidence based practice NEW Disaster Preparedness chapter focuses on caring for patients after biological chemical or radiation exposure NEW SBAR samples show how to quickly and effectively communicate a patient s condition in terms of Situation Background Assessment and Recommendation NEW Practice Reflections sections include a clinical scenario and questions helping you reflect on clinical and simulation experiences NEW Three Master Debriefs help you develop a better understanding of the big picture by synthesizing skill performance with overall patient care

Basic Care V: Aiding Client Movement Video Gayle Bouska Altman, Agnes Morrison, Delmar Thomson Learning, 2003-07 Containing approximately 500 minutes of step by step video this video series is the perfect clinical tool for learning and reviewing critical nursing skills Providing comprehensive coverage of skills from medication administration to hygiene and essential concepts such as drug safety principles these videos are the perfect addition to any nursing program and were designed to specicially accompany Delmar s Fundamentals Advanced Nursing Fundamentals Caring Clinical Decision Making

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