

7 SIMPLE LIVING TIPS

For a Minimalist Lifestyle



1. Know what makes you happy and prioritize it
2. Declutter to simplify your home
3. Get rid of mental clutter
4. Simplify your work: Use the 80/20 rule
5. Simplify your schedule: eliminate, automate, and delegate
6. Reclaim your financial wellness
7. Rely on habits and go progressively



Minimalist Living Tips

Zoe Ingram



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