

MINIMALISM DECLUTTERING CHECKLIST

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|--|---|
| ☐ Toxic people | ☐ Worn out underwear & socks |
| ☐ Useless mobile apps | ☐ Unused pet products (toys, cushions, collars, etc.) |
| ☐ Clothes you don't wear | ☐ Duplicate hair brushes |
| ☐ Shoes you don't wear | ☐ Things you keep "just in case" |
| ☐ And shoes that hurt (even if you wear it) | ☐ Extra nail clippers |
| ☐ Extra bobby pins | ☐ Extra scissors |
| ☐ Extra hair ties | ☐ Unused wires & cables |
| ☐ Single-use plastic products | ☐ Extra umbrella |
| ☐ Single-use menstrual products | ☐ Unused bedding |
| ☐ Books you don't read | ☐ Interior decors you don't like (frames, vase, sculpture) |
| ☐ Extra pen | ☐ Foreign coins you don't need |
| ☐ Distracting tv shows | ☐ Useless key chain |
| ☐ Distracting games | ☐ Toxic air freshener sprays |
| ☐ Expired beauty products | ☐ Unused empty plastic containers |
| ☐ Expired food | ☐ Dead batteries |
| ☐ Jewelry & acc you don't like | ☐ Unused outdoor gears |
| ☐ Dying houseplants | ☐ Sunglasses with expired uv coating |
| ☐ Abandoned craft & hobby projects | ☐ Unused eyeglasses |
| ☐ Spare clothes hanger | ☐ Gifts you don't like |
| ☐ Unused suitcases & bags | ☐ Useless souvenirs |
| ☐ Chemical fragrance | ☐ Duplicate kitchenware (keep only what you use everyday) |
| ☐ Old letters | ☐ Dvd & cd (switch to digital and online streaming) |
| ☐ Photos you don't like | ☐ Things you had from a previous job |
| ☐ Extra cup and utensils | ☐ Workout gear you don't use |
| ☐ Old files in computer | ☐ Duplicate household cleaners |
| ☐ Expired medicine | ☐ Toxic food |
| ☐ Seasonal & holiday things | ☐ Worn out or broken furniture |
| ☐ Smelly & old food containers | ☐ Old receipts |
| ☐ Unused cushions lying around | ☐ Unused keys |

Checklist Minimalist Living

Jicheng Xie



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Hills (Vocal Score). German Edition. John Tavener: I Will Lift Up Mine Eyes Unto The Hills (Vocal Score). I Will Lift My Eyes - Full Score and Parts Vocal Forces: SATB, Cantor, Solo, Assembly. Accompaniment: Keyboard. Guitar: Yes. Instrumental parts included: C Instrument, Flute I, Flute II, Oboe, ... I Will Lift up Mine Eyes - Marzo, Eduardo Jul 5, 2014 — Marzo, Eduardo - I Will Lift up Mine Eyes Psalm 121. Voice High and ... "For over 20 years we have provided legal access to free sheet music. I Will Lift Up Mine Eyes (Sowerby, Leo) [7 more...]For voice, mixed chorus, organ; Scores featuring the voice; Scores ... Note: I can only provide full works, not arrangements or individual movements. How To Escape Your Prison A Moral Reconation Therapy ... answers with How To Escape Your Prison A. Moral Reconation Therapy Workbook To get started finding How To Escape Your Prison A. Moral Reconation Therapy ... Mrt Workbook Answers Step 4 Assessment Of My Life (book) WebReduce prison costs. Why Does MRT Work? Currently in 50 states and 7 different ... Start your eBook Mrt Workbook Answers Step 4 Assessment Of My Life. FAQs ... How To Escape Your Prison The workbook addresses all of the issues related to criminal thinking and criminal needs. Target Population & Use. The book is used with all types of offenders ... Moral Reconation Therapy How to Escape Your Prison. • Prisons without walls. • Moral Reconation Therapy. Textbook. • Influence of those incarcerated. • Purchased by the client for \$25. Focus4 2E Workbook Answers | PDF | Cognition © Pearson Education Limited Focus 4 Second Edition 1. Workbook answer key. 4 incorrect – Check if a photo is Exercise 7 Exercise 7 Exercise 5 required in the ... Mrt Workbook Answers Recognizing thequirk ways to getthis books How ToEscape YourPrison WorkbookAnswers ... Workbook Answers">How To Escape Your Prison Workbook Answers. PDF Mrt ... Chains Study Guide and Student Workbook Forensic CBT: A Handbook for Clinical Practice