

The image features a light blue sky as the background. On the left side, there are several thin, dark stems with small, bright yellow flowers. The flowers are in various stages of bloom, some fully open and others as buds. The text 'Stress Relief Toolkit' is written in a black, cursive-style font, positioned on the right side of the image.

Stress Relief Toolkit

Stress Relief Toolkit

Callum West

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the name bar.

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