

A cluster of small, bright yellow flowers with dark centers, possibly cosmos, is positioned on the left side of the slide. The flowers are in various stages of bloom and are set against a soft, out-of-focus background of light blue and white.

# *Stress Relief Toolkit*

# Toolkit Stress Relief

**Emilie Sanchez**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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