

MINIMALISM DECLUTTERING CHECKLIST

- ☐ Toxic people
- ☐ Useless mobile apps
- ☐ Clothes you don't wear
- ☐ Shoes you don't wear
- ☐ And shoes that hurt (even if you wear it)
- ☐ Extra bobby pins
- ☐ Extra hair ties
- ☐ Single-use plastic products
- ☐ Single-use menstrual products
- ☐ Books you don't read
- ☐ Extra pen
- ☐ Distracting tv shows
- ☐ Distracting games
- ☐ Expired beauty products
- ☐ Expired food
- ☐ Jewelry & acc you don't like
- ☐ Dying houseplants
- ☐ Abandoned craft & hobby projects
- ☐ Spare clothes hanger
- ☐ Unused suitcases & bags
- ☐ Chemical fragrance
- ☐ Old letters
- ☐ Photos you don't like
- ☐ Extra cup and utensils
- ☐ Old files in computer
- ☐ Expired medicine
- ☐ Seasonal & holiday things
- ☐ Smelly & old food containers
- ☐ Unused cushions lying around
- ☐ Worn out underwear & socks
- ☐ Unused pet products (toys, cushions, collars, etc.)
- ☐ Duplicate hair brushes
- ☐ Things you keep "just in case"
- ☐ Extra nail clippers
- ☐ Extra scissors
- ☐ Unused wires & cables
- ☐ Extra umbrella
- ☐ Unused bedding
- ☐ Interior decors you don't like (frames, vase, sculpture)
- ☐ Foreign coins you don't need
- ☐ Useless key chain
- ☐ Toxic air freshener sprays
- ☐ Unused empty plastic containers
- ☐ Dead batteries
- ☐ Unused outdoor gears
- ☐ Sunglasses with expired uv coating
- ☐ Unused eyeglasses
- ☐ Gifts you don't like
- ☐ Useless souvenirs
- ☐ Duplicate kitchenware (keep only what you use everyday)
- ☐ Dvd & cd (switch to digital and online streaming)
- ☐ Things you had from a previous job
- ☐ Workout gear you don't use
- ☐ Duplicate household cleaners
- ☐ Toxic food
- ☐ Worn out or broken furniture
- ☐ Old receipts
- ☐ Unused keys

Checklist Minimalist Living

David Baud



Checklist Minimalist Living:

Unveiling the Magic of Words: A Overview of "**Checklist Minimalist Living**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Checklist Minimalist Living**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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