

ZERO WASTE CHECKLIST FOR BEGINNERS!

(Quick and Easy)

Shopping

- ☐ Reusable bags kept in vehicle
- ☐ Bulk food shop (pasta, rice, coffee, etc.)
- ☐ Only purchase naked produce
- ☐ Eat less or no meat
- ☐ Look for recyclable packaging (cans/cardboard)

Kitchen

- ☐ Refill dish soap at Zero Waste Shop
- ☐ Rags & tea towels
- ☐ Reusable containers

Bathroom

- ☐ Bamboo toothbrush
- ☐ Zero Waste toothpaste
- ☐ Soap bar for shower & sink
- ☐ Shampoo & conditioner bar

Checklist Zero Waste Lifestyle

Meegan Lesley Jones, Meegan Jones

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

Checklist Zero Waste Lifestyle:

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