

# Stress Relief Coach Training & Certification Program

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# **Stress Relief Manual**

Marisa E. Hilliard, Kristin A.
Riekert, Judith K. Ockene, Lori Pbert



Immerse yourself in heartwarming tales of love and emotion with is touching creation, Tender Moments: **Stress Relief Manual**. This emotionally charged ebook, available for download in a PDF format (\*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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