



# HOW TO LIVE A ZERO-WASTE LIFE



1



## Use reusable products

Reusable products help reduce waste by creating less need for new materials

## Buy local fresh food

Buying from local farmers means empowering the community and supporting local families. It also conserves fertile soil and clean water in our communities

2



3



## Compost house waste

House waste could be the worst nightmare for the environment. It can enrich the soil, helping retain moisture and suppress plant diseases and pests.

## Using biodegradable cleaners

Biodegradable materials break down into nontoxic elements quickly. It is safe to compost in environments

4



5



## Buy second hand or slow-fashion cloth

The fashion industry is accused of being one of the world's largest waste contributors. Using slow-fashion's cloth means reducing waste and saving the earth.

# Zero Waste Lifestyle Checklist

**Lingsheng Yao**



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