

MINIMALISM

DECLUTTERING

CHECKLIST

- ☐ Toxic people
- ☐ Useless mobile apps
- ☐ Clothes you don't wear
- ☐ Shoes you don't wear
- ☐ And shoes that hurt (even if you wear it)
- ☐ Extra bobby pins
- ☐ Extra hair ties
- ☐ Single-use plastic products
- ☐ Single-use menstrual products
- ☐ Books you don't read
- ☐ Extra pen
- ☐ Distracting tv shows
- ☐ Distracting games
- ☐ Expired beauty products
- ☐ Expired food
- ☐ Jewelry & acc you don't like
- ☐ Dying houseplants
- ☐ Abandoned craft & hobby projects
- ☐ Spare clothes hanger
- ☐ Unused suitcases & bags
- ☐ Chemical fragrance
- ☐ Old letters
- ☐ Photos you don't like
- ☐ Extra cup and utensils
- ☐ Old files in computer
- ☐ Expired medicine
- ☐ Seasonal & holiday things
- ☐ Smelly & old food containers
- ☐ Unused cushions lying around
- ☐ Worn out underwear & socks
- ☐ Unused pet products (toys, cushions, collars, etc.)
- ☐ Duplicate hair brushes
- ☐ Things you keep "just in case"
- ☐ Extra nail clippers
- ☐ Extra scissors
- ☐ Unused wires & cables
- ☐ Extra umbrella
- ☐ Unused bedding
- ☐ Interior decors you don't like (frames, vase, sculpture)
- ☐ Foreign coins you don't need
- ☐ Useless key chain
- ☐ Toxic air freshener sprays
- ☐ Unused empty plastic containers
- ☐ Dead batteries
- ☐ Unused outdoor gears
- ☐ Sunglasses with expired uv coating
- ☐ Unused eyeglasses
- ☐ Gifts you don't like
- ☐ Useless souvenirs
- ☐ Duplicate kitchenware (keep only what you use everyday)
- ☐ Dvd & cd (switch to digital and online streaming)
- ☐ Things you had from a previous job
- ☐ Workout gear you don't use
- ☐ Duplicate household cleaners
- ☐ Toxic food
- ☐ Worn out or broken furniture
- ☐ Old receipts
- ☐ Unused keys

Minimalist Living Checklist

Clemens Wendtner



Minimalist Living Checklist:

Minimalist Living Checklist Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has be evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Minimalist Living Checklist**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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