### MINIMALISM

# DECLUTTERING

### CHECKLIST

Taxic people	Worn out underwear & socks
Useless mobile apps	Unused pet products goys, customs, colars, etc.)
Clothes you don't wear	Duplicate hair brushes
Shoes you don't wear	Things you keep "just in case"
And shoes that hurt (even if you wear it)	Extra nail clippers
Extra bobby pins	Extra scissors
Extra hair ties	Unused wires & cables
Single-use plastic products	Extra umbrella
Single-use menstrual products	Unused bedding
Books you don't read	Interior decors you don't like planes, vave, sculpturel
Extra pen	Foreign coins you don't need
Distracting tv shows	Useless key chain
Distracting games	Toxic air freshener sprays
Expired beauty products	Unused empty plastic containers
Expired food	Dead batteries
Jewelry & acc you don't like	Unused outdoor gears
Dying houseplants	Sunglasses with expired uv coating
Abandoned craft & hobby projects	Unused eyeglasses
Spare clothes hanger	Gifts you don't like
Unused suitcases & bags	Useless souvenirs
Chemical fragrance	Duplicate kitchenware seep only what you use everyday)
Old letters	Dvd & cd (switch to digital and online streaming)
Photos you don't like	Things you had from a previous job
Extra cup and utensils	Workout gear you don't use
Old files in computer	Duplicate household cleaners
Expired medicine	Taxic food
Seasonal & holiday things	Worn out or broken furniture
Smelly & old food containers	Old receipts
Unused cushions lying around	Unused keys

## **Checklist Minimalist Living**

**Annelies Wilder-Smith** 

**Checklist Minimalist Living:** 

Discover tales of courage and bravery in Crafted by is empowering ebook, Unleash Courage in **Checklist Minimalist Living**. In a downloadable PDF format (\*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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