

ZERO WASTE CHECKLIST FOR BEGINNERS!

(Quick and Easy)

Shopping

- ☐ Reusable bags kept in vehicle
- ☐ Bulk food shop (pasta, rice, coffee, etc.)
- ☐ Only purchase naked produce
- ☐ Eat less or no meat
- ☐ Look for recyclable packaging (cans/cardboard)

Kitchen

- ☐ Refill dish soap at Zero Waste Shop
- ☐ Rags & tea towels
- ☐ Reusable containers

Bathroom

- ☐ Bamboo toothbrush
- ☐ Zero Waste toothpaste
- ☐ Soap bar for shower & sink
- ☐ Shampoo & conditioner bar

Checklist Zero Waste Lifestyle

CO Houle



Checklist Zero Waste Lifestyle:

Ignite the flame of optimism with is motivational masterpiece, Find Positivity in **Checklist Zero Waste Lifestyle** . In a downloadable PDF format (PDF Size: *), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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