
BLACK MARRIAGE
AND
FAMILY THERAPY

Edited by

Constance E. Obudho

Black Marriage And Family Therapy Contributions In Afro American And African

**Kimber Shelton,Michelle King
Lyn,Mahlet Endale**



Black Marriage And Family Therapy Contributions In Afro American And African:

Black Marriage and Family Therapy Constance E. Obudho,1983-09-27 **Black Families in Therapy** Nancy Boyd-Franklin,2006-04-20 This classic text helps professionals and students understand and address cultural and racial issues in therapy with African American clients Leading family therapist Nancy Boyd Franklin explores the problems and challenges facing African American communities at different socioeconomic levels expands major therapeutic concepts and models to be more relevant to the experiences of African American families and individuals and outlines an empowerment based multisystemic approach to helping clients mobilize cultural and personal resources for change *Black Couples Therapy* Yamonte Cooper, Erica Holmes,2023-08-10 Most research and couple therapy modalities tend to be normed on white European American couples and fail to include research on Black couples This volume fills a void in the theory research and practice of couples therapy where clinicians have historically not been specifically trained to provide culturally responsive care when addressing the unique experiences and needs of Black couples It aims to provide students researchers and allied mental health professionals with greater awareness knowledge and competency in working with Black couples It assists therapists in developing a working alliance with Black couples and places an emphasis on cultivating environments that are instrumental to decreasing relationship distress and disconnection Black Couples Therapy provides a comprehensive overview of the research and theory behind race and collective identity as well as romantic coupling illustrated by examples of practice Current Catalog National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70

Emotionally Focused Therapy with African American Couples Paul Guillory,2021-08-09 Emotionally Focused Therapy with African American Couples Love Heals is an essential guide that integrates emotionally focused therapy EFT with cultural humility It provides a pathbreaking evidence based model of couples work that reinforces the bond between partners in the face of race based distress Guillory explores and brings a deep understanding of the legacy of racial trauma and the cultural strengths of African American couples by using real life case studies The chapters in the book focus on several key clinical issues in the field such as communication problems anxiety infidelity depression and porn Each case study is enhanced by a consultation with EFT master therapist Sue Johnson The book is an essential text for students and mental health professionals looking to provide culturally competent therapeutic interventions It will also appeal to psychologists mental health workers social workers marriage and family therapists and religious leaders Love, Intimacy, and the African American Couple Katherine M. Helm,Jon Carlson,2013 Love Intimacy and the African American Couple lays out specific strategies that clinicians can use in their work with black couples regardless of the clinician s own race or level of experience *Personal Perspectives on Counseling and Psychotherapy with African Americans* Jay Thomas Willis M.Ed. MSW,2025-04-02 Personal Perspectives on Counseling and Psychotherapy with African Americans is a book of eleven papers that deal with a variety of topics related to counseling and psychotherapy with African Americans The author wrote these

papers several years ago and recently decided to convert them into a book The papers do not for the most part emphasize any particular therapies but speaks to therapy in general A Handbook on Counseling African American Women Kimber Shelton,Michelle King Lyn,Mahlet Endale,2022-02-04 WINNER of the the 2023 Association for Women in Psychology Distinguished Publication Award Through an intersectional and inclusive lens this book provides mental health professionals with a detailed overview of the mental health issues that Black women face as well as the best approach to culturally competent psychological practice with Black women This text details mental health needs and treatment interventions for Black women It provides a historical context of how the lived experiences of Black women contribute to mental wellness identifies effective psychological practices in working with Black women and challenges readers to advance their cultural competence while providing culturally affirming care to Black women Additionally this text is inclusive of sexual orientation and gender identity diversity and it honors the diversity within Black women s identities relationships roles and families Written by an expert team of Black women clinicians researchers and medical professionals A Handbook on Counseling African American Women Psychological Symptoms Treatments and Case Studies addresses current sociopolitical events as well as historical trauma as it prepares readers to meet the needs of the Black women they serve **National Library of Medicine Current Catalog** National Library of Medicine (U.S.), Human Behavior in the Social Environment from an African-American Perspective Letha A See,2013-02-01 Human Behavior in the Social Environment from an African American Perspective Second Edition is an updating of the classic text that presents leading black scholars discussing complex human behavior problems faced by African Americans in today s society This new edition provides fresh theories and the latest practical interventions not in the first edition that show for example how to enhance a client s coping strategies and resilience by focusing on their strengths rather than their weaknesses This edition includes a new foreword by former Surgeon General Dr Joycelyn Elders Human Behavior in the Social Environment from an African American Perspective Second Edition acquaints practitioners with the Black experience and provides the latest innovative methods of working with this diverse population This edition also offers new insights on evaluating practice initiatives Experts and scholars explore and interpret individual and group behaviors the strength and resilience of the black family the stresses and problems affecting children the significant problem of the affects of colorism the self esteem and identity issues of biracial children violence in the criminal justice system the HIV AIDS pandemic the stress and behaviors resulting from belonging to the armed services and other behavior stemming from progression through the life cycle Chapters include charts and tables of data extensive references and study questions for deeper study for students Topics in Human Behavior in the Social Environment from an African American Perspective Second Edition include the importance of the consideration of the black experience in analyzing black behavior behavior as a response to a hostile social system the black church s role in leading African Americans resiliency perspective as a positive force the use of strength behaviors for socialization and survival

strategies to strengthen roles of fathers in African American families military culture as a microcosm of the wider society the psychological effects of skin color on self esteem the No Child Left Behind Act of 2001 and its effects refreshing social work practice to better meet the needs of African American girls examination of a study on the help seeking behaviors of young African American males empirically based creative intervention strategies to alleviate black on black crime analysis of street gang behaviors with a program to address it influences of hip hop culture strategies to lessen substance abuse in children practices that help assist administrators and social workers to lessen school violence Human Behavior in the Social Environment from an African American Perspective Second Edition is a supplementary text that is valuable for undergraduate and graduate students human service practitioners mental health and medical counselors policymakers school officials and criminal justice personnel

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