ALCOHOLISM AND CODEPENDENCY



IT IS NATURAL TO CHANGE AND GROW IN A RELATIONSHIP. HEALTHY RELATIONSHIPS WILL BRING ABOUT A POSITIVE CHANGE TO THE LIVES OF BOTH PEOPLE.

9.2 MILLION MENTAL ILLNESS AND A SUBSTANCE USE DISORDER IN 2018

AN UNHEALTHY RELATIONSHIP WILL HURT BOTH PEOPLE AND CAN CAUSE A TOXIC CYCLE THAT SEEMS HARD TO BREAK.

CYCLE

A CODEPENDENT WILL TAKE ON SOME OF THE UNHEALTHY BEHAVIORS OF THE PERSON WITH AN ADDICTION.

A CODEPENDENT WILL ASSUME A ROLE THAT COMPLEMENTS THE UNHEALTHY BEHAVIORS OF THE OTHER PERSON.

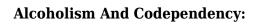
A CODEPENDENT WILL THAT ACTS
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Alcoholism And Codependency

Y Pai



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