# 12 IDEAS TO INCREASE PRODUCTIVITY



### CHOOSE THE RIGHT TIME

Nearly everyone has times of the day when they are most effective and times when they tend to drag. It's smart to schedule the most critical tasks for your most effective time of the day.



Do all your emailing at one time. Make all your phone calls at another. Open your snail mail during a set block of time. You'll waste less time by doing your work in this fashion.

#### SET A TIMER

Even if a task might take hours, starting will seem easier if you simply give yourself 30 minutes to get as much done as you can. A time limit seems to help many people concentrate and work better, too.

#### TOSS IT

If a task doesn't really need to be done, just get rid of it altogether.

### SET TARGETS

For example, if you have to make cold-calls for your sales job, tell yourself that you're not getting up for any reason until you've made at least 100 calls. Regardless of what happens, refuse to stop until you hit your target.

### GET THE BAD STUFF OUT OF THE WAY

Do the unpleasant items quickly and as early in the day as possible.

#### USE THE PARETO PRINCIPLE.

This principle states that 20% of the actions you could take will provide you with 80% of the benefits. So focus on the tasks that will accomplish the most.
Unfortunately, these are frequently the tasks that are not enjoyable. You might be surprised how little you really have to do if you focus

DELEGATE

#### SET A GOAL EACH DAY (OR NIGHT)

In the morning, decide what you want to accomplish that day. This can be even more effective when planned the night before. Once you have a sense of direction, you can spend all your time getting things done!

### 10

### DELEGATE SOME OF YOUR WORK.

on the critical 20%.

Is there anyone else who can help you? The people around you are resources. When appropriate, use their time and talents wisely to get things done more quickly.

### ELIMINATE ALL COMMUNICATION

While you're working, turn off the phone / cell phone, and don't check your email. Hang a sign that says, "Do not disturb," if necessary. You don't have to do this for all your tasks, but at least do it during the more difficult items.

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### SET A DEADLINE

Having a specific endpoint will really help to focus your time and energy. If a task doesn't feel necessary, chances are that it won't get done.

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It sounds silly, but this can really help. Try doing everything a little faster. Walk faster, talk faster, type faster, and read faster.



# **Digital Productivity Ideas**

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### **Table of Contents Digital Productivity Ideas**

- 1. Understanding the eBook Digital Productivity Ideas
  - The Rise of Digital Reading Digital Productivity Ideas
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Digital Productivity Ideas
  - Exploring Different Genres
  - o Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Digital Productivity Ideas
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Digital Productivity Ideas
  - Personalized Recommendations
  - o Digital Productivity Ideas User Reviews and Ratings
  - o Digital Productivity Ideas and Bestseller Lists
- 5. Accessing Digital Productivity Ideas Free and Paid eBooks
  - o Digital Productivity Ideas Public Domain eBooks
  - o Digital Productivity Ideas eBook Subscription Services
  - o Digital Productivity Ideas Budget-Friendly Options

- 6. Navigating Digital Productivity Ideas eBook Formats
  - o ePub, PDF, MOBI, and More
  - Digital Productivity Ideas Compatibility with Devices
  - Digital Productivity Ideas Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - o Adjustable Fonts and Text Sizes of Digital Productivity Ideas
  - Highlighting and Note-Taking Digital Productivity Ideas
  - Interactive Elements Digital Productivity Ideas
- 8. Staying Engaged with Digital Productivity Ideas
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Digital Productivity Ideas
- 9. Balancing eBooks and Physical Books Digital Productivity Ideas
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Digital Productivity Ideas
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Digital Productivity Ideas
  - Setting Reading Goals Digital Productivity Ideas
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Digital Productivity Ideas
  - Fact-Checking eBook Content of Digital Productivity Ideas
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements

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