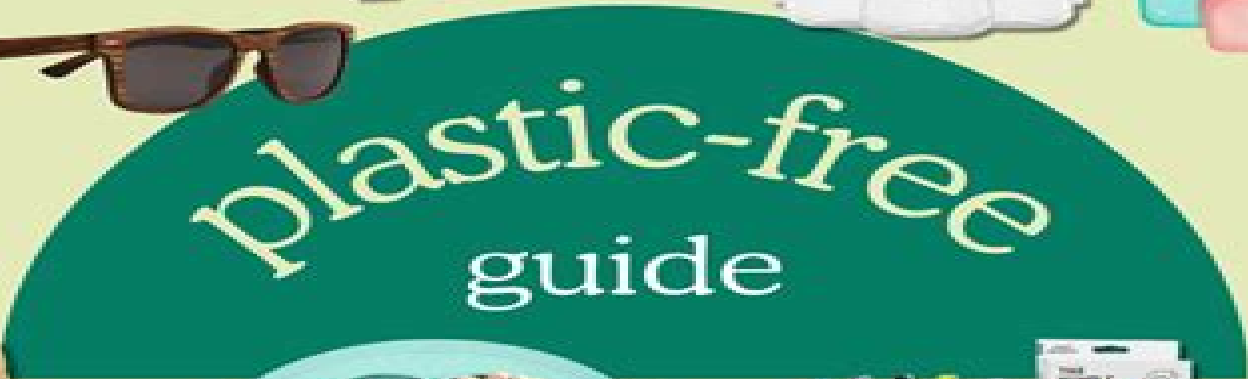




Plastic Free Guide

Thomas Griffiths



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Life Without Plastic Jay Sinha, Chantal Plamondon, 2017-12-12 Strives to create more awareness about BPA based products polystyrene and other single use plastics and provides readers with ideas for safe reusable and affordable alternatives

Say Goodbye to Plastic Sandra Ann Harris, 2020-08-28 A simple and powerful book educating people about the epidemic of plastic use and solutions for a plastic free future If you've heard of the plastic free lifestyle but think you don't have time for it in your busy life prepare to be delightfully wrong Goodbye Plastic shows you how whether you're seeking to knock plastic out of your life or just try out a few novel eco hacks in your kitchen bathroom office or dining room Plastic pollution activist and entrepreneur Sandra Ann Harris invites us to say goodbye to plastic room by room Opportunities abound to simplify our lives by rethinking our wasteful habits we just need to learn to recognize them

Go Green Or Go Home Logan J. Davisson, 2019-09-16 Plastic free living is no new trend but already for several decades a topic which is discussed in the retail trade among environmentalists and world do gooders For decades people have been fighting against mountains of rubbish and the topic of recycling and waste avoidance has been on the agenda for a long time The fact is that dealing with plastic is a central issue in our everyday lives because we deal with plastic on a daily basis and have many plastic objects in operation every day The packaging waste generated in a week often filled more than one yellow sack The question we ask ourselves is whether this waste should not actually be reduced or avoided Plastic waste that does not arise in the first place does not have to be disposed of and recycled The annoying thing about plastic waste is that it pollutes both the landscape and the seas The damage caused is not only visual but also natural Sea animals can die by absorbing plastic remains and the pollution of the oceans by plastic waste ultimately leads to littering of the beaches which are visited by tourists in summer A small step for example is to think about transporting your purchases before going to the supermarket The choice of goods is also crucial as it avoids the need for cumbersome outer packaging directly on the supermarket shelf Thinking holistically about plastic packaging gives pleasure and more meaning to life Who really decides to live plastic free or at least to avoid plastic shows itself as a protector of the environment and secures the habitats for future generations Research shows that customers are generally aware that plastic is harmful and that it is better to buy goods that do not need much outer packaging Living plastic free can be an enrichment for the whole family and can also have a positive impact on attitudes

Zero Waste Life Hulda Hitzler, 2021-09-13 Living as plastic free as possible is challenging but it is important for all of us to do what we can Plastic has become one of the most harmful materials to our environment From polluting oceans and harming wildlife to filling up landfills for decades without decomposing this material is having devastating short term and long term effects on our planet In this book you can find What is plastic Why is plastic so successful A day in the life in a world of plastic What are the dangers of plastic consumption Plastic waste at sea facts and consequences Plastic makes you sick What is already being done by countries corporations and organizations What can you do

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Guide to Changing the World Stephanie Feldstein, 2018-06-05 This book is for everyone who loves animals and wants to live a more animal friendly life even if they aren't ready to join a movement or give up bacon Amazon.com

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