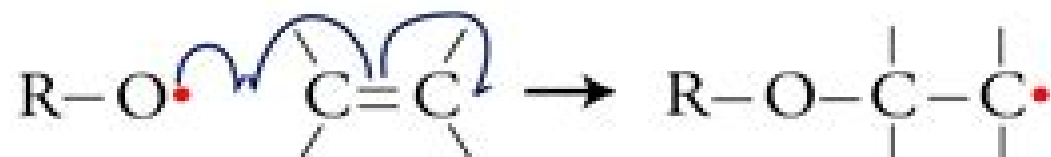
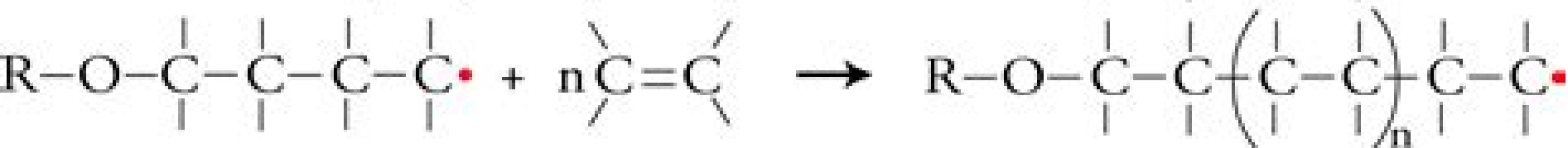
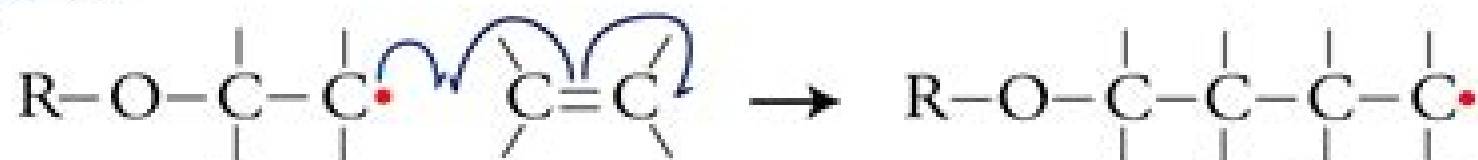


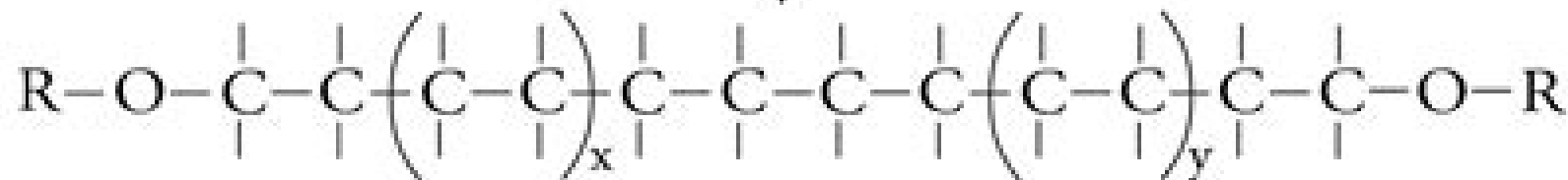
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viele mütter haben dabei gar keine zeit und lust regelmäßig etwas zu essen

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ist wasser aber auch verdünnte säfte oder saftschorlen oder ungesüßte tees sind empfehlenswert dass alkohol tabu ist

versteht sich von selbst