

Acupuncture Treatment for Musculoskeletal Pain

**A Textbook for Orthopaedics,
Anesthesia, and Rehabilitation**

Harris Gellman, MD



Acupuncture Treatment For Musculoskeletal Pain

Lily Cheung, Peng Li, Cheng Wong



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Acupuncture Treatment for Musculoskeletal Pain Harris Gellman, 2002-04-25 Acupuncture Treatment for Musculoskeletal Pain covers the basics of acupuncture theory and explains the precepts of Eastern medicine The text is written for orthopaedic surgeons anesthesiologists and rehabilitation medicine specialists and will aid them in their diagnosis and treatment of musculoskeletal pain both acute and chronic as well as arthritis Readers of the text will progress on a journey through healing that will serve as a useful adjunct to the procedures and medications currently in use The author breaks the subject down into three sections Basics of Acupuncture Acupuncture Treatment of the Musculoskeletal Acupuncture Points and Indications and Special Techniques *Manual Therapy for Musculoskeletal Pain Syndromes* Cesar Fernandez de las Penas, Joshua Cleland, Jan Dommerholt, 2015-04-28 A pioneering one stop manual which harvests the best proven approaches from physiotherapy research and practice to assist the busy clinician in real life screening diagnosis and management of patients with musculoskeletal pain across the whole body Led by an experienced editorial team the chapter authors have integrated both their clinical experience and expertise with reasoning based on a neurophysiologic rationale with the most updated evidence The textbook is divided into eleven sections covering the top evidence informed techniques in massage trigger points neural muscle energy manipulations dry needling myofascial release therapeutic exercise and psychological approaches In the General Introduction several authors review the epidemiology of upper and lower extremity pain syndromes and the process of taking a comprehensive history in patients affected by pain In Chapter 5 the basic principles of the physical examination are covered while Chapter 6 places the field of manual therapy within the context of contemporary pain neurosciences and therapeutic neuroscience education For the remaining sections the textbook alternates between the upper and lower quadrants Sections 2 and 3 provide state of the art updates on mechanical neck pain whiplash thoracic outlet syndrome myelopathy radiculopathy peri partum pelvic pain joint mobilizations and manipulations and therapeutic exercises among others Sections 4 to 9 review pertinent and updated aspects of the shoulder hip elbow knee the wrist and hand and finally the ankle and foot The last two sections of the book are devoted to muscle referred pain and neurodynamics The only one stop manual detailing examination and treatment of the most commonly seen pain syndromes supported by accurate scientific and clinical data Over 800 illustrations demonstrating examination procedures and techniques Led by an expert editorial team and contributed by internationally renowned researchers educators and clinicians Covers epidemiology and history taking Highly practical with a constant clinical emphasis *Minimally Invasive Musculoskeletal Pain Medicine* Mitchell Freedman, William B. Morrison MD, Marc I. Harwood, 2007-03-12 An all encompassing reference on the diagnosis and treatment of painful musculoskeletal conditions this source examines the latest developments therapies and treatments for common and complex pain disorders affecting the spine joints neck and related structures Exploring a wide variety of treatment regimens and procedures including the use Acupuncture in the Treatment of Pain - E-BOOK Marcus

Backer, Michael G. Hammes, 2016-06-07 *Acupuncture in the Treatment of Pain* is aimed at both beginners and experienced practitioners who are treating patients with painful conditions. It provides an integrative approach using conventional and traditional Chinese Medicine in the treatment of pain with acupuncture. It is especially suited for conventionally western trained physicians who are interested in complementary approaches and seek a guideline to judge the potentials and limits of acupuncture in the treatment of pain. The book consists of two parts. The first part, chapter 2-8, gives the background for both traditional Chinese concepts to pathogenesis, diagnosis and treatment of pain and basics of the conventional western approach to pain treatment. The second part, chapter 9-17, gives detailed information for the integrative treatment of all common painful conditions. For every single indication, conventional and traditional Chinese treatment options, including Chinese phytotherapy, are shown, and the value of acupuncture, scientific data about its efficacy and its possible mode of action in western physiological terms are discussed. For all readers, this book offers a modern integrative approach which is based on scientific data and the clinical experience of the authors that Western and Traditional Chinese medicine complement each other and can create synergistic effects. Attractive 2-colour design. Written by a team of experts in the field. Includes more than 175 2-colour illustrations. Integrates western and traditional Chinese medicine. **Mechanism of Acupuncture Therapy and Clinical Case Studies** Lily Cheung, Peng Li, Cheng Wong, 2001-10-18 An informative and provocative text, this book describes the current status of knowledge and challenges scientists to better define acupuncture therapy. The first section covers the scientific basis and mechanism of acupuncture, particularly in relation to the cardiovascular system. The second section is devoted to clinical case studies illustrating that scientific knowledge can be integrated with traditional concepts in Chinese medicine to provide effective treatments. It is a useful reference guide for advanced students and practitioners of traditional Chinese medicine and acupuncture as well as scientists conducting physiological and pharmacological research. **Acupuncture, Trigger Points and Musculoskeletal Pain** Peter Baldry, 2005 Peter Baldry explains how musculoskeletal pain can be simply effectively treated by acupuncture. This new edition has been updated with new material on fibromyalgia, the neurophysiology of myofascial trigger points, whiplash injuries, complex regional pain syndromes. *Braddom's Physical Medicine and Rehabilitation E-Book* David X. Cifu, 2015-08-02 The most trusted resource for physiatry knowledge and techniques, Braddom's Physical Medicine and Rehabilitation remains an essential guide for the entire rehabilitation team. With proven science and comprehensive guidance, this medical reference book addresses a range of topics to offer every patient maximum pain relief and optimal return to function. In-depth coverage of the indications for and limitations of axial and peripheral joints through therapies enables mastery of these techniques. Optimize the use of ultrasound in diagnosis and treatment. A chapter covering PM/R in the international community serves to broaden your perspective in the field. Detailed illustrations allow you to gain a clear visual understanding of important concepts. New lead editor Dr David Cifu was selected by Dr Randall Braddom to retain a

consistent and readable format Additional new authors and editors provide a fresh perspective to this edition Features comprehensive coverage of the treatment of concussions and military amputees Includes brand new information on rehabilitating wounded military personnel the latest injection techniques speech swallowing disorders head injury rehabilitation and the rehabilitation of chronic diseases New chapters on pelvic floor disorders and sensory impairments keep you at the forefront of the field Reader friendly design features an updated table of contents and improved chapter approach for an enhanced user experience Expert Consult eBook version included with purchase This enhanced eBook experience gives access to the text figures over 2 500 references 51 videos and 750 self assessment questions on a variety of devices

Electroacupuncture David F. Mayor, 2007-06-12 This book presents an overview of the theoretical foundations of electroacupuncture together with experimental and clinical evidence for the efficacy of electroacupuncture in its various forms It also provides guidance on the effective clinical practice of electroacupuncture illustrated with informative case histories It serves as an excellent introduction on the subject covering all the key information a beginning practitioner would need to know as well as exploring avenues for advanced practice The accompanying CD ROM is an ideal research tool providing searchable chapters from the book as well as an extensive database of more than 8 000 clinical trials that can be accessed via the CD ROM or through a companion website liThe first comprehensive overview of modern acupuncture methods for 20 years liliClear and accessible guide to an increasingly popular form of acupuncture practice liliDesigned for both technically and non technically minded readers liliProvides a basis for immediate practical application in a variety of clinical situations liliCase studies from expert practitioners in the field illustrate the variety of possible approaches liliOnly book on the subject to offer both practical suggestions and thorough exploration of the research behind the practice liliBridges the gap between traditional and modern scientific approaches to acupuncture liliSifts and sorts what is often confusing or highly technical material into manageable and practical information liliIncludes an interactive CD ROM containing over 15 000 references liliFully searchable database of more than 8 000 clinical studies is accessible via the accompanying CD ROM and website liliDatabase includes material from thousands of studies never before available in English translated from Chinese Russian Ukrainian and other European languages liliComprehensive glossary defines and explains important concepts

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Rheumatology E-Book Marc C. Hochberg, Alan J. Silman, Josef S. Smolen, Michael E. Weinblatt, Michael H. Weisman, Ellen M Gravallese, 2018-01-08 Thoroughly revised and updated the 7th Edition of Rheumatology remains a leading text in this fast changing field keeping you abreast of recent advances in medications therapies clinical trials and much more Dr Mark Hochberg and his team of expert authors and editors cover everything you need to know from basic scientific principles to practical clinical management strategies all in a user friendly accessible manner Provides access to quick concise videos depicting musculoskeletal ultrasound including anisotropy comet tail needle artifact rheumatoid arthritis synovitis acute gout and more Uses a consistent logical reader friendly format with templated content and large scale images for efficient visual reference Features 14 completely new chapters covering biomedical and translational science disease and outcome assessment including new imaging modalities and early emerging disease clinical therapeutics and patient management and rehabilitation Includes updated content on the latest diagnostic perspectives and approaches to therapy including tapering down of treatment pulmonary hypertension and scleroderma psoriatic arthritis and the latest oral anticoagulants Covers hot topics such as pathogenesis and pathophysiology of axial spondyloarthritis DXA and measurement of bone infectious arthritis and more Shares the knowledge and expertise of internationally recognized rheumatoid arthritis expert and new editor Dr Ellen Gravallese Expert Consult™ eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices

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