

NUTRITION

Food Tracker & Diet Planner

70 Calories

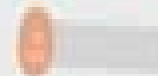
Calories

1000

Calories

How to Burn 70 Calories

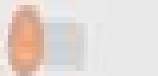
Walking



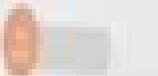
Jogging



Swimming



Cycling



Nutrition Facts

Total Fat	10g
Sodium	20mg
Total Carbohydrate	30g
Dietary Fiber	5g
Sugars	10g
Protein	5g
Vitamins	
Vitamin A	10%
Vitamin C	20%
Calcium	10%
Iron	10%

Nutrition Guide Pro

Sabine Zange

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the author's name.

Nutrition Guide Pro:

Embark on a transformative journey with Written by is captivating work, **Nutrition Guide Pro** . This enlightening ebook, available for download in a convenient PDF format , invites you to explore a world of boundless knowledge. Unleash your intellectual curiosity and discover the power of words as you dive into this riveting creation. Download now and elevate your reading experience to new heights .

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