

WHAT YOU NEED TO KNOW ABOUT 5-HTP

5-HTP

Nature's Serotonin Solution

5-HYDROXYTRYPTOPHAN

- HELPS CONTROL APPETITE
- RELIEVES INSOMNIA
- IMPROVES MOOD
- CALMS ANXIETY
- REDUCES SYMPTOMS OF PMS, FIBROMYALGIA, AND HEADACHES

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Best-selling Author of Melatonin, DHEA, and Creatine,
and Editor of Longevity Research Update

5htp Natures Serotonin Solution

Katrin Zwirgmaier



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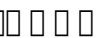
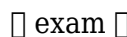
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