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Food Tracker & Diet Planner

70 Calories

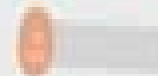
Calories

1000

Calories

How to Burn 70 Calories

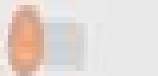
Walking



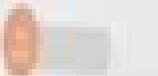
Jogging



Swimming



Cycling



Nutrition Facts

Total Fat	10g
Sodium	20mg
Total Carbohydrate	15g
Protein	5g
Dietary Fiber	5g
Sugars	10g
Cholesterol	5mg
Vitamins	
Vitamin A	10%
Vitamin C	20%
Calcium	10%
Iron	10%

Nutrition Guide Pro

Ensheng Dong



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