

INTERMITTENT ASTHMA

PERSISTENT ASTHMA: DAILY MEDICATION

STEP 1

PREFERRED:

Rescue inhaler
as needed

STEP 2

PREFERRED:

Low-dose
inhaled
corticosteroid
plus a LABA

Rescue inhaler
as needed

STEP 3

PREFERRED:

Low-dose
inhaled
corticosteroid
plus a LABA

Rescue inhaler
as needed

Consider seeing
an asthma
specialist

STEP 4

PREFERRED:

Medium-dose
inhaled
corticosteroid
plus a LABA

Rescue inhaler
as needed

See an asthma
specialist

STEP 5

PREFERRED:

High-dose
inhaled
corticosteroid
plus a LABA

AND
consider
omalizumab

Rescue inhaler
as needed

See an asthma
specialist

STEP 6

PREFERRED:

High-dose
inhaled
corticosteroid
plus a LABA
plus oral
corticosteroid

AND
consider
omalizumab

Rescue inhaler
as needed

See an asthma
specialist



ASTHMA PREVENTION AND CONTROL MEDICATIONS
ASTHMA.NET

Behavioral Treatments For Asthma

Lingsheng Yao



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