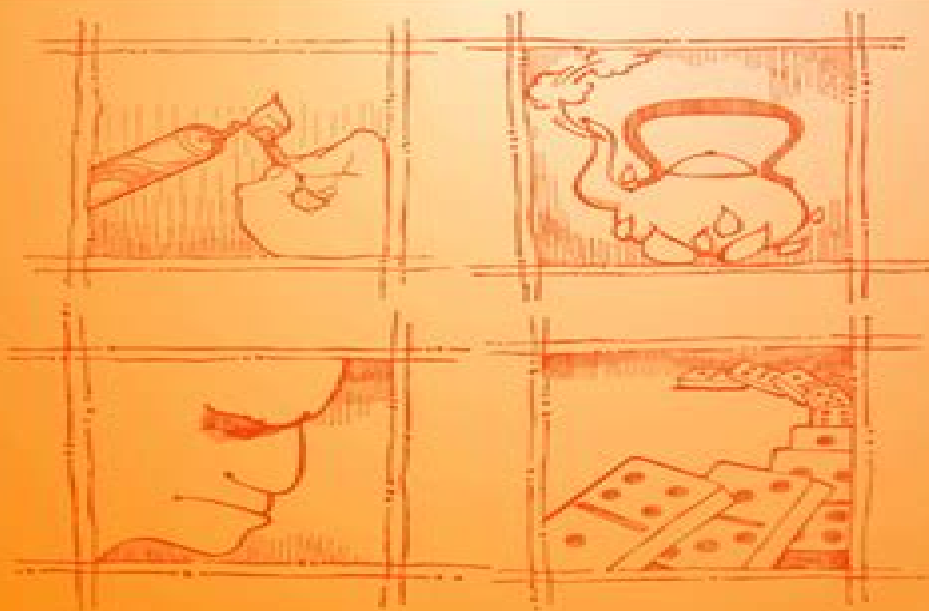


The **Anger** & **Aggression** **Workbook**

Self-Assessments, Exercises & Educational Handouts



John J. Liptak, EdD
Ester A. Leutenberg

Illustrated by
Amy L. Brodsky, LISW

Anger Management Workbook

A Loxley



Anger Management Workbook:

Enjoying the Song of Expression: An Psychological Symphony within **Anger Management Workbook**

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