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New Mother's Guide to Breastfeeding

- Updated breastfeeding recommendations
- How to start breastfeeding
- Building a support network
- Nutrition guidance for mothers and infants
- Going back to work
- Dealing with challenges

4th Edition

<u>American Academy Of Pediatrics New Mothers Guide To</u> <u>Breastfeeding</u>

Michal Rosen-Zvi

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