

Herbs



Herbs are any plants used for food, flavoring, medicine, or perfume.

Culinary use typically distinguishes herbs as referring to the leafy green parts of a plant



Basil



Basil is an herb from the mint family with tender, leafy stems. It is available in many varieties and has a mild, licorice-like flavor.

Bay Leaf



Bay leaf is an herb that comes from the evergreen bay laurel tree. Bay leaves are commonly dried.

Chervili



Chervil is a slightly peppery herb that is shaped like parsley. It is available fresh or dried, as crushed leaves or ground.

Chives



Chives are the long, toothpick-like leaves of a plant in the onion family. Chives have a delicate, onion flavor. Chives are available fresh, dried, or frozen.

Lemongrass



Lemongrass is a tough, fibrous grass. The base has a lemony flavor. It comes in fresh stalks.

Mint



Mint grows in many varieties, the most well known being peppermint and spearmint. Mint is available as fresh or dried leaves.

Parsley



Parsley is grown in many varieties. It has a soothing effect on your taste buds. It comes fresh or dried, as leaves or flakes.

Oregano



Oregano is sometimes referred to as wild marjoram. It has a slightly bitter flavor. It is available as fresh or dried, as leaves or ground.

Sage



Sage is a member of the mint family. It has soft downy leaves that are fragrant and warm. It is available fresh or dried, whole or ground.

All You Need To Know About Herbs

Richard Bailey



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