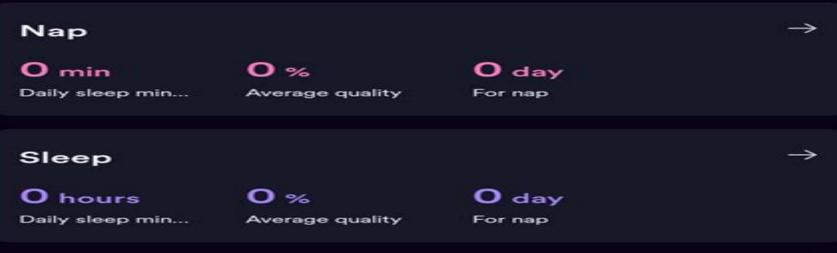
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Manual Sleep Optimization

L Darling-Hammond



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