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American Medical Association



Complete Guide to WOMEN'S HEALTH

American Medical Association Complete Guide To Womens Health

Ensheng Dong



American Medical Association Complete Guide To Womens Health:

American Medical Association Family Medical Guide ,2011-01-25 The Long Awaited Revision of the Bestselling Family Health Guide This completely updated fourth edition of our bestselling health reference is comprehensive easy to understand and even more user friendly than the previous editions We re excited to provide our patients with an invaluable resource to help them become more involved in their own health care We think this is a book that belongs on the bookshelf in every home AMA President John C Nelson MD MPH The American Medical Association is the nation s premier health authority an organization that both patients and doctors look to for state of the art medical information and guidance Now for the first time in 10 years the AMA has updated its landmark medical reference a book that belongs in every home This new edition of the American Medical Association Family Medical Guide has been thoroughly revised to bring it up to date and make it more accessible than ever before Opening with a brand new full color section that walks you through key health issues it follows with several new and expanded sections on everything from staying healthy and providing first aid and home care to diagnosing symptoms and treating hundreds of different diseases and disorders This classic guide is the definitive home health reference for the twenty first century an indispensable book to keep you and your loved ones healthy Authoritative guidance on hundreds of diseases and the latest tests treatments procedures and drugs New or greatly expanded coverage of genetic testing sexuality learning disabilities preventive health infertility pregnancy and childbirth substance abuse home caregiving and first aid A host of new and updated features including full color spreads on important health topics Q A sections first person case histories and newly designed symptoms flowcharts New chapters on diet and health exercise and fitness maintaining a healthy weight reducing stress genetics complementary and alternative medicine staying safe and preventing violence cosmetic surgery and preventive health care A new section on health issues at various life stages 64 pages in full color and almost 1 000 illustrations and photographs **American Medical Association Guide to Talking to Your Doctor** American Medical Association,2007-07-17 The last time you visited your doctor did you hesitate to ask a question and leave without the answer you needed not understand your doctor s explanation of your illness or its treatment wish you could be more in control of your healthcare You can take control The more you know about your healthcare needs and the more actively you work with your doctor the better healthcare you will receive In this concise easy to understand book the American Medical Association the world s most prominent organization of physicians demystifies the relationship between patient and doctor and guides you in building an ongoing dialogue with your healthcare provider Using nontechnical language and a reassuring tone the American Medical Association Guide to Talking to Your Doctor explains What your doctor needs to know about you and what he or she looks for in an examination How to understand a diagnosis and discuss treatment options and goals When and how to ask for a second opinion How to speak for a child or older person in your care How to discuss sensitive subjects such as sexuality drug dependence depression and family violence Your rights

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Puretz both professors in the field of health have experienced hysterectomy firsthand Dismayed by the limited information available to them they collaborated on this comprehensive book about a critically important subject for women THE WOMAN S GUIDE TO HYSTERECTOMY addresses common fears expectations and questions regarding such issues as what to ask your doctor second opinions preparations for surgery sex and sexuality after surgery and life after hysterectomy Encouraging all women to become more actively involved in their own health care this book is a practical catalog of the latest medical information and provides much needed reassurance for women faced with this life altering decision Thoroughly revised to include the latest research and developments including new treatment options and alternatives to HRT hormone replacement therapy Original edition sold 10 000 copies *Handbook of First Aid and Emergency Care, Revised Edition* American Medical Association, 2013-12-18 How to use this book When a medical emergency strikes what you do can mean the difference between life and death The American Medical Association Handbook of First Aid and Emergency Care Revised Edition gives you all the information you need quickly easily clearly so that you can make the difference Key features include the most up to date emergency care information the newest CPR positions and techniques to be used on infants children and adults first aid and lifesaving techniques you can practice so you re prepared when an emergency strikes injuries illnesses and medical emergencies an alphabetical listing to help you find the information you need quickly easy to follow instructions and clear line drawings that walk you through each step what happens in the emergency room knowing when to call your doctor or the hospital and what information to have ready sports injuries treatment and recovery especially for the amateur school or weekend athlete a chart to be filled in for each family member to list medical information such as allergies and immunizations to have on hand for emergency situations a comprehensive index with complete listings by subject and symptom for fast reference *How to Find Medical Information* , 2001 **The healthy woman: A Complete Guide for All Ages** , Comprehensive health guide written in simple language and illustrated with many photographs designed to appeal to a large audience of all cultural backgrounds from teens to senior adults Empowers women to Recognize symptoms relating to particular diseases impacting a woman s health Explores possible treatment options Covers the latest recommendations for key health screenings tests and immunizations This guidebook also contains full color charts and diagrams to help readers understand their bodies and offers information not found in other women s health resources such as how to teach women to read a Prescription Drug Label explore insurance options and tips along with graphic representations for healthy eating and managing portion sizes and more Includes a glossary extensive bibliography additional resources and a cross referenced index

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